

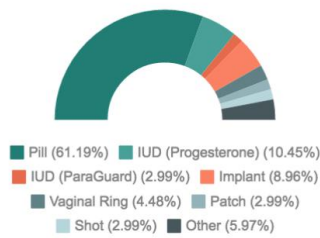


Birth Control

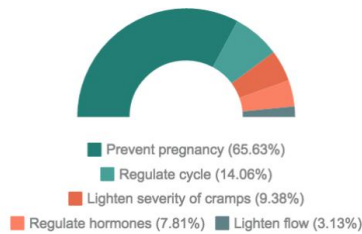
Survey data from UC Santa Barbara Psychology course student project

Examining emotional and mental side effects of hormonal contraception, as well as other statistics about birth control usage and other common side effects, to ensure that women are more aware

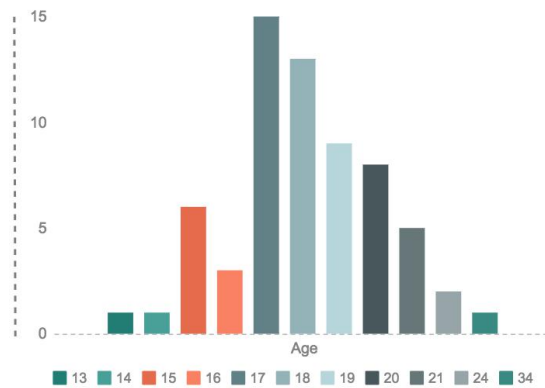
Type



Reason



Age Began Birth Control



Side Effects

75% Experienced emotional side effects

31% Weight gain
*11% experienced increased breast size

15.6% Clearer skin



"Drastic mood changes, mood swings, I felt angry and tired all the time. Annoyed easily, more emotional. Only ON birth control, once I got off it a couple months after, I felt 'normal' myself again."

- Research Participant